

What is Your Role as the Client?

~When writing down your situations which need healing, be as specific and focused as possible. Do not rush this. It is important that you dig deeply and honestly into your heart so that you and your Soul are very clear of your intent, and the issues you would like help with.

~Drink plenty of water to help your body to flush the toxins stirred and released during the energy healing.

~Be kind and patient with yourself. Honor your healing process and allow ample time for integration. Congratulate and send love to yourself for the hard work you are doing to become a happier, healthier being.

~It is recommended that you assist the integration process by deep breathing, allowing yourself to cry if needed, journaling, meditation, prayer, or work with a mental health care professional who can offer counseling and support.

**It is imperative that you take as much responsibility for yourself and your healing as possible. You did not incarnate to be given all the answers. You agreed to be a participant in the school of life so that you could realize your magnificence as Soul, and to create new, unique consciousness for yourself. Crystalline Rainbow Reiki will assist you in healing the parts of you which need help getting back on track towards fulfilling your destiny.

**You may request healings on behalf of your animal companion, however, please do not request a healing on another person's behalf. It is best that the person contacts me directly because there can be heavy karmic consequences for interfering with someone else's life –A person's free will must be honored. In other words, we may feel we know what is best for our loved ones and friends; however it is not our right, nor is it our duty to interfere. When they are ready to change and grow, they will decide for themselves. We must focus on our own healing.

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